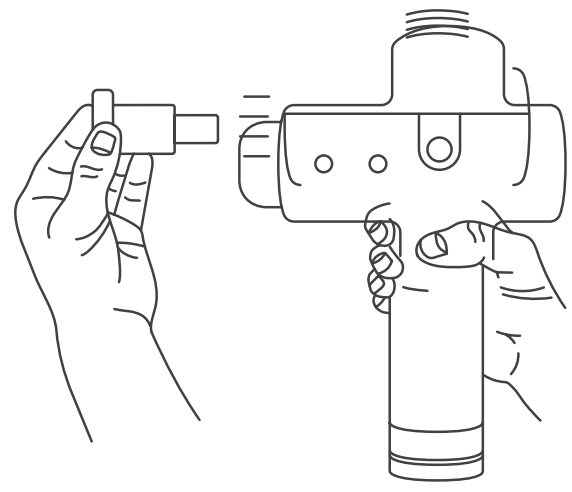




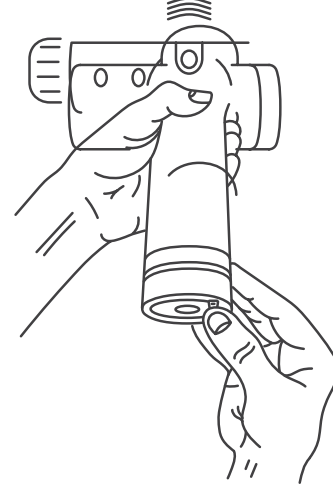
Hypervolt™

Percussion massage device featuring Quiet Glide™ Technology.

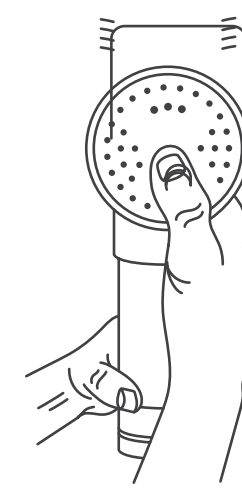
Innovation by **HYPERICE**



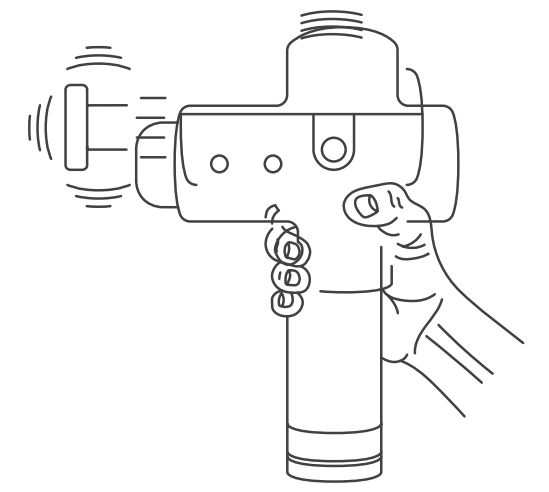
1. Insert head attachment.



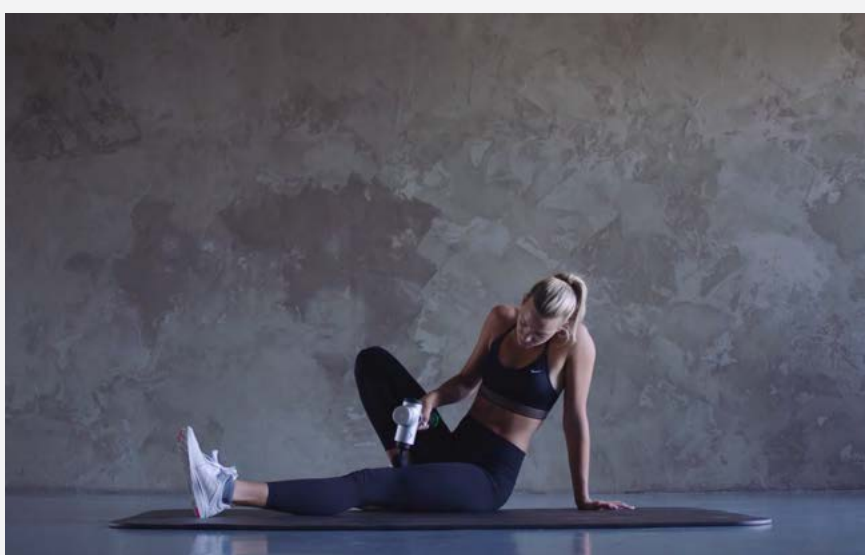
2. Turn on the Hypervolt.



3. Press for desired power.
(Three speed settings)



4. Ready to go.



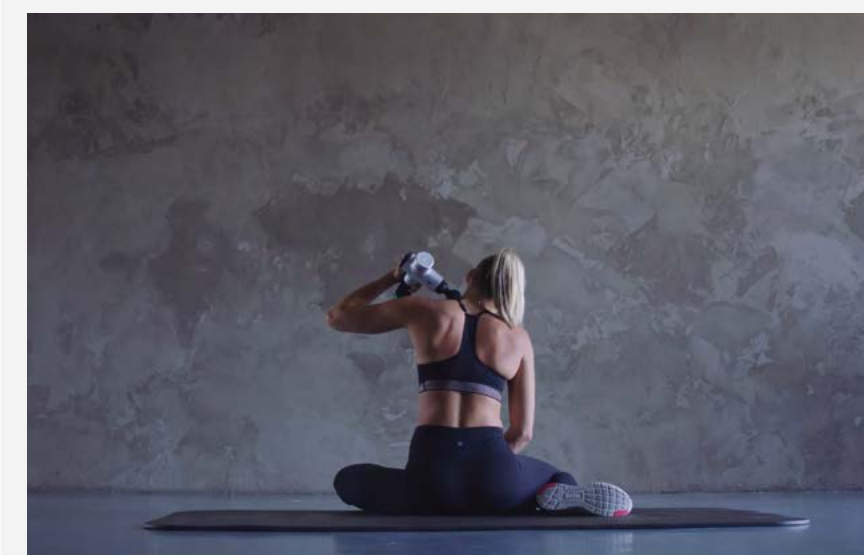
Quads

Use the Flat or Ball attachment.

Move in a straight, vertical motion for 30-60 seconds followed by a crossing pattern along the quad.

Start on setting one and increase speed and pressure as needed.

Avoid bony areas.



Traps

Use the Ball or Cushion attachment.

Tilt the neck towards your shoulder. Apply light pressure and move along the traps.

Start on setting one and increase speed and pressure as needed.

Avoid the throat and bony areas.



Calf

Use the Flat, Fork or Ball attachment.

Move in a straight, vertical motion for 30-60 seconds along the thicker part of the calf.

Start on setting one and increase speed and pressure as needed.

Avoid bony areas and direct contact with the Achilles.



Achilles

Use the Fork attachment.

Gently make vertical passes along the outside of the Achilles for 30-60 seconds.

Use setting one.

Avoid direct contact with the Achilles.



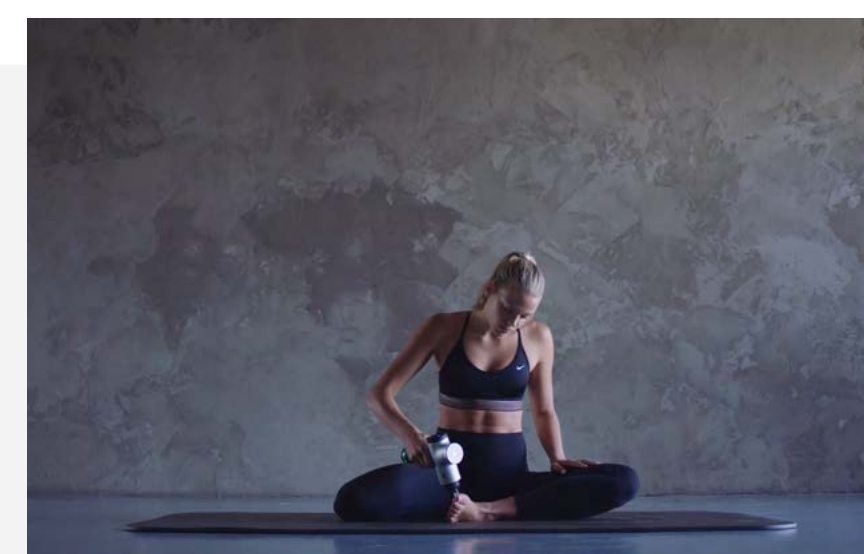
IT band

Use the Flat or Ball attachment.

Move in a straight, vertical motion for 30-60 seconds along your IT Band or the side of your thigh.

Start on setting one and increase speed and pressure as needed.

Avoid bony areas.



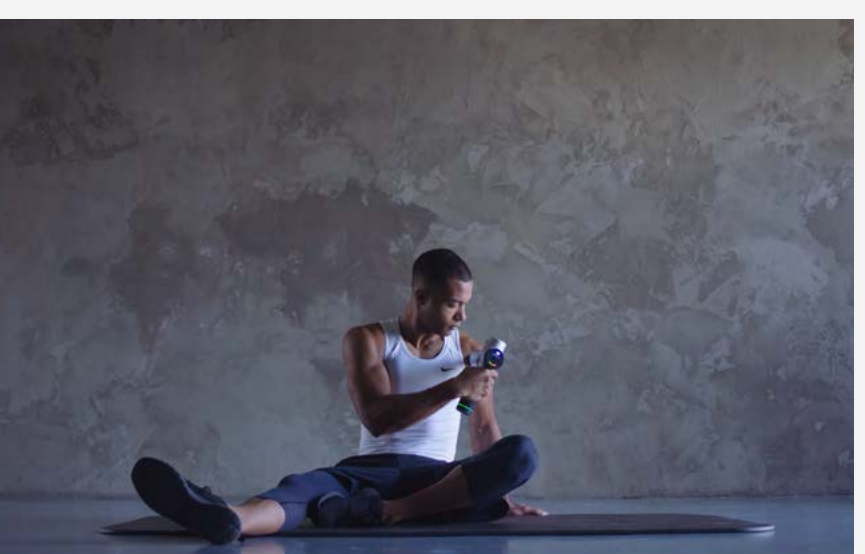
Feet

Use the Fork, Bullet or Cushion attachment.

Apply gentle pressure and move in a circular motion for 30-60 seconds around tender areas of the foot.

Use setting one.

Avoid bony areas.



Pecs

Use the Flat or Ball attachment.

Move in a circular motion around the chest area. Find tender areas and hold there for 20-40 seconds before moving on.

Start on setting one and increase speed and pressure as needed.

Avoid bony areas.



Forearms

Use the Fork, Ball or Cushion attachment.

Move in a straight motion for 30-60 seconds, along the forearms. Open and close the hand for varied relief.

Start on setting one and increase speed and pressure as needed.

Avoid bony areas and tender ligaments.

For more information contact us at:
1-800-55MEDCO
customersupport@medcosupply.com

www.medco-athletics.com