SammonsPreston®

MEDCO SPORTS MEDICINE

Hot and Cold Therapy

Targeted pain relief for every athlete

Soothe soreness.

Reduce swelling.

Improve patient outcomes.

Together, we enable the journey of independence and performance.

medco-athletics.com

Advance athlete recovery with hot and cold therapy

Sammons Preston® Hot and Cold Packs provide athletes with the comfort and relief they need, conforming gently to the body for convenient and effective pain management across a wide range of conditions. Whether treating acute injuries or managing chronic pain, our solutions support faster recovery and greater comfort.

Each product in our portfolio is designed with safety, flexibility, and clinical performance in mind. Supporting athletes across all ages and levels, our comprehensive lineup includes a variety of shapes, sizes and applications to support the specific needs of athletes at every stage.

Browse our products:

03 Instant Hot Packs

04 Instant Cold Packs

05 Instant Cold Packs - Direct to Skin

06 Reusable Hot and Cold Packs

07 Ice Bags

To view our full product assortment, visit Medco-Athletics.com

As part of Performance Health, Medco **empowers athletic trainers & sports medicine professionals** with solutions that support injury prevention, rehabilitation, and emergency response.

Instant Hot Packs – Standard

- Provides instant warmth to ease muscle aches, cramps, joint pain and stiffness
- Can be applied directly to the skin
- High quality sodium acetate formula for temperature consistency and performance

Item #	Description	Size	Target temp	Package
7034543	Hot Pack	6″ x 6″	110°F	24/cs
7034545	Hot Pack	6″ x 8.5″	110°F	24/cs
7034547	Hot Pack	4″ x 9″	110°F	24/cs

Activation instructions

Squeeze side arrow to “pop” inner fluid bag

Knead

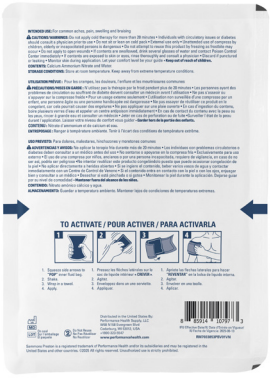
Apply

Scan the QR code or click here to watch our instructional video:
How to Activate Instant Hot Packs

Instant Cold Packs – Standard

Provides fast, effective, consistent cold relief for bumps, bruises, inflammation, swelling and pain.

Item #	Description	Size	Target temp	Package
7034554	Cold Pack	5.5" x 6"	32ºF	50/cs
7034556	Cold Pack	6.5" x 9"	32ºF	24/cs



Activation instructions

Squeeze side arrow to "pop" inner fluid bag

Shake

Wrap in towel

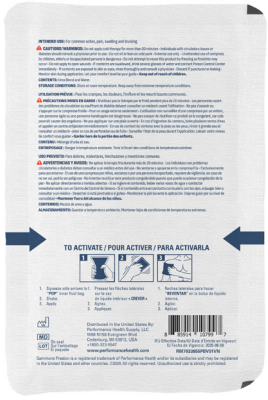
Apply

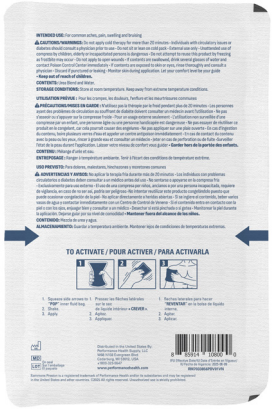
Scan the QR code or click here to watch our instructional video:
How to Activate Instant Cold Packs

Instant Cold Packs – Direct to Skin

- Provides fast, effective, consistent cold relief for bumps, bruises, inflammation, swelling and pain
- Can be applied directly to the skin

Item #	Description	Size	Target temp	Package
7034558	Cold Pack	5" x 7.5"	32ºF	24/cs
7034560	Cold Pack	6" x 9.5"	32ºF	24/cs





Activation instructions

Squeeze side arrow to "pop" inner fluid bag

Shake

Apply

Scan the QR code or click here to watch our instructional video:
How to Activate Instant Cold Packs - Direct to Skin

Reusable Hot and Cold Packs

Reusable, flexible pack can be used for hot or cold therapy to soothe aches, pains, bumps and bruises.

Item #	Description	Size	Target temp	Package
7034620	Hot/Cold Pack	10.5″ x 6″	Hot: 110°F Cold: 32°F	16/cs

Activation instructions

Place in freezer for at least one hour or heat in the microwave for 45 seconds

Wrap in towel or cloth

Apply

Scan the QR code or click here to watch our instructional video:
How to Use Reusable Hot and Cold Packs

Ice Bags

- Provides effective cold relief for bumps, bruises, inflammation, swelling and pain
- Tie directly to the affected area for hands-free relief

Item #	Description	Size	Package
7034581	Clamp and Four Ties	5″ x 14″	25/pk
7034582	Clamp and Four Ties	5″ x 14″	50/cs
7034584	Clamp and Four Ties	7″ x 16″	25/pk
7034585	Clamp and Four Ties	7″ x 16″	50/cs

Activation instructions

Fill to line

Remove excess air

Clamp shut

Apply or tie to affected area

Scan the QR code or click here to watch our instructional video:
How to Use Ice Bags

Together, we enable the journey of independence and performance.

Empowering athletic trainers & sports medicine professionals with solutions that support injury prevention, rehabilitation, and emergency response.

As part of Performance Health, Medco has been the trusted partner in sports medicine, athletic training, and sports performance for over 65 years. With our industry leading brands and services, we work together to help you deliver the highest level of care and keep your athletes performing at their best.

It's easy to place your order today!

- Call: 1-800-556-3326
- Fax: 1-800-222-1934
- Email: MedcoOrders@MedcoSupply.com
- Support: MedcoCustomerService@MedcoSupply.com

medco-athletics.com

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Powered by Performance Health

Cramer · Active Ankle · TheraBand · The Athletic Edge by Pivotal Health Solutions · Bon Vital' · rolyan · metron · JAMAR · SammonsPreston · Performa

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